

## The F. W. Reproductive Health and Sexual Education Program Stories

School girls and women in marginalized regions and rural areas in Kenya have been using unhygienic materials such as torn pieces of cloth, mattress sponge, animal skin, old rags, leaves, cow dung or even digging a hole on the ground to sit on for the whole period as a means to manage their menstrual flow.

CWPFG, under the F.W. Reproductive Health and Sexual Education, is currently providing free sanitary towels for girls and women in this remote area in Kenya. It is also very involved in the distribution of contraceptives to adult women and underage mothers.



The following stories illustrate the effect of CWPFG on individuals receiving these supplies.



I am Anne Awuor aged 32 years old. I am married in a polygamous family of four women. I have 5 children and my cowives have a total of 16 children, making the entire family to have 21 children.

Our husband does nothing to earn even a single income; we have been struggling to raise our children—looking for food for them to eat, clothes to wear and taking care of them when sick.

I have benefited a lot from CWPFPG; from February of this year (2024) I have been getting free contraceptives and this has helped me a lot.

Through its loan/grant I can testify that I have received the grant twice and now I am engaged in selling vegetables out of which I get some income.

Without CWPFPG I could have sunken to a desperate and miserable life forever due to deep poverty.





I am Faith Akinyi, currently I am in Form Three. Sincerely a lot of thanks and gratitude to all donors who are supporting CWPFPG.

Initially I used to miss 4 school days a month during my menses. Since April of this year (2024), through the F.W. Reproductive Health and Sexual Education Program, I am getting enough sanitary towels for three months.

During April 2024, 100 girls benefited and during August the number went higher, to 150. This calls for more willing donors to support this program so that many girls like me can be supported.

Thanks to all of you.



I am Violet Edwin. I am currently 28 years old.

I completed high school back in 2014, but since then I haven't gotten any job. I joined CWPFG 3 years back and I am a beneficiary of both the loan grant and reproductive health services offered by CWPFG.

Since April of this year (2024), I have a changed life; from my small business, I am able to get the necessary basics for survival. Moreso, the sanitary towels provided for free and the contraceptives are of great importance to many women like me.

Thanks for CWPFG and it is my hope you will continue providing for many people like me.





I am Jane Akinyi, 26 years old. I am physically challenged. My husband is also physically challenged; we have 3 children. I could not afford to buy sanitary towels during my periods, so I used to cover myself with old clothes. This made me have infections every month.

Through F.W Reproductive Health and Sexual Education program, I am a beneficiary of free sanitary towels provision; we are being given these every four months. Thanks a lot for those who are supporting this program.

On behalf of CWPFG I would wish to appeal to those who may wish to generously donate for this worthy charity to join hands.



On behalf of girls who are beneficiaries of sanitary towels which are provided quarterly by CWPFPG, we--Letty Odhiambo and Zaida Caroly--thank those who are donating to support CWPFPG programs greatly.

The program initially had only 100 girls benefiting but in December 2024 we reached 240 girls. It is our hope that you will continue supporting CWPFPG and allow more girls to benefit from this wonderful program. You have restored our dignity.

Thanks to all our donors.



Our Mentor Mother, Sophy Collins, held a meeting on Gender Based Awareness on Wednesday 25th Sept 2024.



The focus was on creating public awareness of gender-based violence and teenage pregnancy.

It was organized by CWPFPG, for its overall goal of enlightenment of the community on the benefits of girl child education, parental responsibility and reducing stigmatization of teenage mothers in the community.

Here is a 2024 meeting on Sensitization to issues of Gender Based Violence, organized by CWPFPG.

